

Puget Sound SAA Schedule (Adults 18+) **Contact trustservwast@gmail.com with corrections or to receive updates.** 2018-03-19
DAY/TIME [Closed = Those seeking help: “*The only requirement for SAA membership is a desire to stop addictive sexual behavior.*”]

MONDAY TYPE CITY/LOCATION (ROOM), MEETING NAME, CONTACT INFORMATION, COMMENTS, (ATTENDANCE) (LENGTH)

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|---------|--------|--|
| 6:30am | Closed | West Seattle Admiral UCC Church 4230 SW Hill St @ California Ave, N of SW Admiral Way (main floor in nursery) <i>A Spiritual Awakening</i> call 206.852.9552 (1 hr) |
| 12 noon | Closed | Bellevue 2370 130th Av NE Suite 104, (check at reception) <i>Meditation at Noon</i> (50 min.) |
| 6:30pm | Men | Poulsbo St Elizabeth's Orthodox Church, 26580 Breidablick Pl NW @ Hwy 3 & Pioneer Way <i>Monday Night Men's Meeting</i> call Chris M. 360-473-3077 (Closed: Men Only) (1½ hr) |
| 6:30pm | Closed | Shoreline Richmond Beach UCC. 1512 NW 195 th St (upper parking lot) info@pugetsoundsaa.org |
| 7:00pm | Closed | Burlington Faith Baptist, Burlington 800 E.Rio Vista Av. TogetherWeCan365@gmail.com call: 641.715.3900 ext.151386# |
| 7:30pm | Closed | Olympia Good Shepherd Ch.1601 North St. (bldg east of parking lot, bottom floor) Joe K 360.352.7981 <i>Promises of Grace</i> (2 nd week meeting starts at 7:45pm) |
| 7:30 pm | Closed | Seattle Ballard Trinity United Methodist Church, 6512 23 rd Av.NW (1 hr) |

TUESDAY

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|--------|--------|---|
| 7:00pm | Closed | Bellingham Unitarian Fellowship, 1207 Ellsworth St (2 nd floor classrm) 425.322.0972 |
| 7:00pm | Closed | Everett UCC Ch. 2624 Rockefeller Av.@ Everett Av angle street prkg + side lot <i>The Usual Suspects</i> |
| 7:00pm | Closed | Kent First Christian Ch.11717 SE 240 th St; (choir rm left of front door) <i>Adventures in Recovery</i> Rob O, 201.500. 5247, KAIR.Meeting@gmail.com ; Tom 206.304.3830, saa-info@comcast.net |
| 7:00pm | Closed | Seattle Capitol Hill All Pilgrims 500 Broadway E <i>GLBTQI</i> (buzz, 509 10 th Ave.E. Dickson rm, top flr) |
| 7:00pm | Closed | telemeeting Puget Sound Intergroup 2 nd Tuesday, even no. months, by teleconference (all members) Call in: 641.715.0700, code: 722305; info: 206.237.8828 or trustservwast@gmail.com (1hr) |

WEDNESDAY

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|--------|----------|--|
| 5:30pm | Men | Gig Harbor Harbor Life Ch.4417 56 th St NW. W of 43 rd Av. NW (bldg behind church) <i>Grateful Harbor</i> e-mail: GratefulHarbor@gmail.com (Closed: Men Only) |
| 5:45pm | Closed | Bellevue Alano Club EastSide 12302 NE 8 th St, (Clubhouse), <i>Recovery First</i> (1 hr) |
| 7:00pm | Closed/* | Puyallup U. Methodist Church, 1919 W Pioneer Ave, room 7 <i>Green Book study</i> Ken H 253.227.3610 kenhsaa@gmail.com (*Open meeting 3 rd week; closed meeting moves to room 3) |
| 7:30pm | Closed | Seattle Ballard St Paul's, 6512 12 th Av. NW (rm 2) Enter upstairs on 65 th . <i>Wednesday Night SAA</i> (1 hr) |

THURSDAY

| | | |
|---------|-----------|---|
| 12 noon | Closed | Bellevue 2370 130 th Av NE Suite 104, (check at reception) <i>Meditation at Noon</i> (50 min.) |
| 7:00pm | Closed | Bellingham Unitarian Fellowship, 1207 Ellsworth St between H&I streets (2 nd flr classroom) 425.322.0972 |
| 7:00pm | Closed/* | Everett UCC 2624 Rockefeller Av.@ Everett Ave. <i>Winners Circle</i> (*Open meeting 3 rd week) Angle parking in front or use side parking lot.(1½ hr) |
| 7:00pm | All (18+) | West Seattle Admiral UCC 4230 SW Hill St (front door, left) <i>Walking the Path (Open: Visitors, guest ok)</i> |
| 7:30pm | Closed | Olympia Church of the Good Shepherd; 1601 North St SE; <i>Hope & Recovery</i> (bldg east of prkg lot, bottom flr) |

FRIDAY

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| 6:00pm | Closed | Tacoma St Leo 710 S.13 th St @ S. Yakama Av.(thru gate opposite church, ring bell) <i>Tacoma Safe Haven</i> |
| 7:00pm | Closed | Anacortes Westminster Presbyterian, 1300 9 th St <i>Serenity in the San Juans</i> 2013finallyfree@gmail.com |

SATURDAY

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| 8:00am | Closed | Olympia Alano Club, 120 Olympia Av.NE (door on right of counter) Saturday Serenity 360.790.8860. |
| 8:15am | Closed | Seattle Capitol Hill SASG 115 15 th Av.E Suite 201 upstairs (McIntosh room). Answers in the Heart |
| 9:00am | Women | Bellevue Saint Andrew's Luth.Ch. 2650 148 th Av SE Room 122 <i>Circles</i> (Book Study/Topic: Healthy Sexuality/ First Step Share) <u>No meeting: Mar 31, Apr 7th & 28, or Jun 2, 2018 (Closed: Women)</u> (1hr) |
| 9:00am | Closed | Bellingham Unitarian Fellowship, 1207 Ellsworth St 425.322.0972 (upstairs classroom) |
| 10:00am | Closed | Everett UCC 2624 Rockefeller Ave; (look 4 sign) Glacier Peak Newcomers mtg 2nd week (1½ hr) |
| 6:00pm | Closed | Spanaway Lutheran Ch. 16001 A St. Enter thru double doors facing A St. (COSA meeting same time) |
| quarterly | All (18+) | Speaker meeting 1 per month: Spanaway: (1 st mo. of qtr, wk 3), Everett: (2 nd mo, wk 3); Seattle: (3 rd mo, wk 2) |

SUNDAY

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|--------|-----------|--|
| 6:00pm | All (18+) | Seattle Capitol Hill 115 15 th Av.E Ste. 201 (upstairs) <i>Shame to Grace</i> (1½ hr) (Open: visitors, guests ok) |
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SEVEN NIGHTS A WEEK

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| 9:00pm | Closed | Telemeeting 712.832.8300 code 134679[#] <i>Late Night Recovery</i> (*6 to mute, again to talk) http://saatalk.info |
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SAA International Service Organization: On web, saa-recovery.org; toll-free 800.477.8191; Telemeeting Intergroup: saatalk.info

SAA women only -- On web, saa-women.org; email: grace@saa-women.org (See also WOC Welcome Letter, reverse page)

Puget Sound SAA Intergroup, PO Box 23348, Seattle, WA 98102. Web address [URL]: <http://pugetsoundsaa.org/>

Seattle & North Puget Sound SAA helpline: 206.237.8828 South Puget Sound SAA helpline: 253.660.1028

Email for info or schedule changes: trustservwast@gmail.com; Retreat: 425.272.5740, email: serenity.on.the.sound@gmail.com

Women's Outreach Letter to the Fellowship

Dear fellow SAA members,

Greetings from the Women's Outreach Committee (WOC)! Please call on us if we may be of service to you in your efforts to carry the message of recovery to the sex addict who still suffers.

The mission of the WOC is to carry the message, specifically, to the woman sex addict who still suffers. Here's why we feel that's important. Some women struggle to feel a sense of hope in a program that currently has, proportionally, a small number of women. They may not see or hear their stories reflected in meetings with mostly, or all, men. They may wish to relate to women only and feel afraid of, triggered by, or angry at, men. Other women prefer to be around men and have strong negative feelings for women. Some have both, or neither! Although many of us on the WOC have had similar feelings, the message we wish to carry to women newcomers is that others have found the miracle of recovery in the fellowship as it currently exists, and they can too.

We keep in mind always that the solution in the SAA program is the same regardless of gender or any other identifying factors: meetings and the suggested 12 steps of recovery worked with a sponsor. Even so, to support the woman newcomer in staying with the program, we have developed some special resources for individual members and for groups:

- Women's literature: *A Special Welcome to the Women Newcomer*, *Safe and Sexually Sober Meetings*, and the *Women's Welcome Packet*. We encourage your meeting to keep a supply on hand.
- Women's only telemeetings. A full listing can be found on the SAA website under "Electronic Meetings."
- Women's column ("Dear Grace"). This Q&A column, written by WOC members, appears in every issue of *The Outer Circle*
- The Women's Outreach List. This is a list of many women SAA members, who have chosen to share their contact information with each other, to support one another via phone and email. Women can request to join by emailing "Grace" at grace@saa-women.org
- Women's page on SAA website. Information about many of these resources can be found at www.saa-women.org.
- Women's Welcome reception and Women's Room at each annual ISO Convention. An ideal place for women to connect face-to-face with other recovering women SAA members.
- Women's Retreat. Under this initiative, we have hosted five annual retreats, and we are looking for a host for our sixth. These are open to all women SAA members.

Please reach out to us if we can support your group, or if you need more information about any of these resources. We also want to hear from you if you have ideas, suggestions, questions, or issues related to women in the fellowship. You can reach a member of our committee by emailing us at the following email address: genoutreach.woc.chair@saa-recovery.org

Thank you for your time and attention, and for your dedication to carrying the message of recovery.

Women's Outreach Committee

June, 2017